

EFFECTIVE PARENTING WORKSHEET

NAME:				
LESSON	Topic		Why this is challenging for me	PRIORITY
1--Watch Your Mouth	A	Freedom in forgiveness		
	B	The power of words		
	C	Power in how they're said		
2--Watch Your Life	A	Parenting by example		
	B	Overcoming shortcomings		
	C	Building family strengths		
3--Watch Your Priorities	A	Spend time wisely		
	B	Build memories		
	C	Single/blended families		
	D	Decide to discipline		
4--Watch Your Attitude	A	Life is unfair; God is fair		
	B	Favoritism		
	C	Rejection		
	D	View of discipline		

EFFECTIVE PARENTING WORKSHEET CONTINUED

LESSON		Topic	Why this is challenging for me	PRIORITY
5--Watch How Your Child Is Doing	A	Outside influences		
	B	Influences at home		
	C	Individual needs		
	D	Stages of development		
6--Identify the Behavior-Yours and the Child's	A	Roles and responsibilities		
	B	Discipline types & amount		
	C	Is spanking illegal?		
	D	The rod of correction		
7--Discipline Effectively	A	Definitions		
	B	Your style of discipline		
	C	Boundaries & relationships		
	D	Handling power struggles		
8--Eliminate Abuse	A	Abuse: what the law says		
	B	Physical abuse		
	C	Emotional abuse		
	D	The effects of violence		

You will turn in this worksheet and your individualized Plan at the end of Session 9.